## **TOWNHOUSE**

A selection of healthy dishes that are innovative, delicious and creative – with all mains being under 800 calories

## **SMALL PLATES**

"LETTUCE CHIPS 'N' DIPS"

Roasted squash hummus, caramelised shallot yoghurt, chicory & baby gem

£, 5

# KATSU SPICED CHICKEN NOODLE LETTUCE CUPS

sesame, cucumber, cashew

£6

#### MAINS

# DRY AGED SIRLOIN TIP STEAK

crunchy broccoli, almond & kale slaw, roasted pumpkin seeds cranberries, light goddess dressing

£, 14

# ROASTED FILLET OF SALMON

wild rice, edamame, carrot, coriander, beetroot, avocado, lime, miso & teriyaki dressing

£13.50

# ROASTED APPLE, ENDIVE & SPROUT SALAD

baby spinach, hazelnuts, shallot, feta, maple & tahini vinaigrette

£10

#### **DESSERTS**

COCONUT & CLEMENTINE GRANITA

cocoa nibs, roasted chopped hazelnuts



# THE WORLD'S FIRST DISTILLED NON-ALCOHOLIC SPIRITS 'WHAT TO DRINK WHEN YOU'RE NOT DRINKING®'

SUGAR FREE

CALORIE FREE

ALCOHOL FREE

# SEEDLIP GARDEN & TONIC

Seedlip Garden 108
Fever-Tree
Mint
£5.50

## SEEDLIP SPICE & TONIC

Seedlip Spice 94
Fever-Tree
Red Grapefruit
£5.50

#### SPICE MULE

Seedlip Spice 94
Ginger Soda
Lime
£6.50

# SPICE TODDY

Seedlip Spice 94 Lemon & Honey £6.50

# ESPRESSO MARTINO

Seedlip Spice 94 Cold Brew Coffee Beans £7